



# YOGA

## CRESTVIEW COMMUNITY CENTER

If you haven't heard, Crestview Community Center is "Yoga Central." We offer various yoga classes and times that vary to fit your schedule!

Crestview Community Center  
 4801 Shunga Drive  
 Topeka, KS 66614  
 785-368-2448  
 www.topeka.org



**Gentle Yoga**    \$41.75; \$33.50 Topeka resident; \$5 Drop-in fee  
                                   \*\$39.25; \$31.50 Topeka resident; \$5 Drop-in fee

*Aug 31	MW	10am
Sept 1	TTH	10am
Oct 19	MW	10am
Oct 20	TTH	10am

**Easy Does It Yoga**    \$41.75; \$33.50 Topeka resident; \$5 Drop-in fee

Sept 1	TTh	5:30pm
Oct 20	TTh	5:30pm

**Weekend Yoga**    \$21.75; \$17.50 Topeka resident; \$5 Drop-in fee

Sept 5	Sat	8am
Oct 24	Sat	8am

**Lunchtime Yoga**    \$41.75; \$33.50 Topeka resident; \$5 Drop-in fee

                                  \*\$39.25; \$31.50 Topeka resident; \$5 Drop-in fee

*Aug 31	MW	12noon
Oct 19	MW	12noon

### **Yoga Flex Card**

Need some flexibility with your schedule, but still love to attend Mimi's classes? We are now offering a Flex Card that will allow a participant to choose from our many yoga classes each week. The card will be good for 14 classes, but must be used within the 7 week session. The card will expire at the end of each session. Choose from over 45 classes during the 7 week session!

Aug 31-Oct 17	\$ 40 Topeka Resident
Oct 19-Dec 12	\$ 50 Non-Resident

