

KANSAS SENIOR OLYMPICS TRACK RECORDS

<u>EVENT</u>	<u>M/F</u>	<u>AGE</u>	<u>NAME</u>	<u>CITY</u>	<u>ST</u>	<u>RECORD</u>	<u>YR</u>
TRACK							
1500 METER RACE WALK	MALE	50-54	DAVE COUTS	WHITESIDE	MO	07:21.0	2009
		55-59	DAVE COUTS	WHITESIDE	MO	07:18.7	2011
		60-64	ALAN POISNER	OVERLAND PARK	KS	08:25.0	1996
		65-69	ALAN POISNER	OVERLAND PARK	KS	08:45.5	2000
		70-74	ALAN POISNER	OVERLAND PARK	KS	09:01.7	2004
		75-79	ALAN POISNER	OVERLAND PARK	KS	09:07.0	2009
		80-84	GEORGE JONES	WICHITA	KS	10:24.1	2004
		85-89	THOMAS YOUNG	OVERLAND PARK	KS	12:57.9	2004
		90+	THOMAS YOUNG	OVERLAND PARK	KS	14:05.3	2008
	FEMALE	50-54	JUDY WISEMAN	LEAWOOD	KS	09:15.7	2010
		55-59	NANCY SIDO	GLENDALE	MO	09:33.0	2006
		60-64	BJ THORNBURG	OVERLAND PARK	KS	10:57.1	2006
		65-69	RUTH MORRIS	SHELL KNOB	MO	0:10:19:40	1998
		70-74	EILEEN SCHMIDT	SHARON	KS	11:53.8	2010
		75-79	PATTY MCDERMEIT	EL DORADO	KS	11:47.9	2010
		80-84	JEAN BRUNNENKANT	OVERLAND PARK	KS	12:23.7	1998
		85-89	JEAN BRUNNENKANT	OVERLAND PARK	KS	13:28.0	2002
		90+	JEAN BRUNNENKANT	OVERLAND PARK	KS	13:13.0	2006
5000 METER RACE WALK	MALE	50-54	DAVE COUTS	WHITESIDE	MO	27:29.9	2010
		55-59	DAVE COUTS	WHITESIDE	MO	27:15.0	2011
		60-64	ALAN POISNER	OVERLAND PARK	KS	30:53.0	1998
		65-69	ALAN POISNER	OVERLAND PARK	KS	31:54.0	2001
		70-74	ALAN POISNER	OVERLAND PARK	KS	32:12.0	2006
		75-79	ALAN POISNER	OVERLAND PARK	KS	33:09.7	2010
		80-84	SIGFRID HELLSTROM	MANHATTAN	KS	43:53.0	2006
		85-89	THOMAS YOUNG	OVERLAND PARK	KS	46:38.0	2004
		90+	THOMAS YOUNG	OVERLAND PARK	KS	49:12.5	2008

	FEMALE	50-54	EILEEN MCMANUS	KANSAS CITY	MO	32:50.0	2006
		55-59	NANCY SIDO	GLENDALE	MO	33:31.0	2006
		60-64	NANCY PERIH	TOPEKA	KS	42:19.2	2008
		65-69	JIMMY SUE SELLS	READING	KS	38:54.5	2010
		70-74	EILEEN SCHMIDT	SHARON	KS	43:45.3	2010
		75-79	MARTHA LYKENS	OVERLAND PARK	KS	45:11.0	2006
		80-84	BERNIECE SPRINGER	PRAIRIE VILLAGE	KS	44:41.0	1992
		85-89	NO RECORD	-	-	-	-
		90+	NO RECORD	-	-	-	-
100 METER DASH	MALE	50-54	WILLIAM H SELLERS III	WICHITA	KS	00:10.9	2002
		55-59	TOM BASSETT	LINCOLN	NE	00:12.0	2000
		60-64	LARRY STATON	WICHITA	KS	00:12.8	2009
		65-69	BOB LIDA	WICHITA	KS	0:00:12.40	2004
		70-74	BOB LIDA	WICHITA	KS	00:12.8	2010
		75-79	LEE TODD	GRANT	NE	00:14.1	2002
		80-84	LEE TODD	GRANT	NE	00:16.0	1995
		85-89	RALPH MAXWELL	RICHVILLE	MN	00:17.1	2005
		90+	RALPH MAXWELL	RICHVILLE	MN	0:00:18:34	2009
	FEMALE	50-54	CLAIRE OVERSTAKE	HILLSBORO	KS	00:15.3	2008
		55-59	PEGGY J O'NEILL	CATHAGE	MO	00:14.9	2002
		60-64	EILEEN SCHMIDT	SHARON	KS	00:17.6	1999
		65-69	MARIAN SARGENT	BLUE SPRINGS	MO	00:15.6	2009
		70-74	LAVINA HAEFELE	LINDSBORG	KS	00:16.2	1995
		75-79	LAVINA HAEFELE	LINDSBORG	KS	00:19.0	2001
		80-84	LAVINA HAEFELE	LINDSBORG	KS	00:18.6	2004
		85-89	THRIZA REED	-	-	00:24.5	1989
		90+	NO RECORD	-	-	-	-
200 METER DASH	MALE	50-54	WILLIAM SELLERS	WICHITA	KS	00:24.5	2002
		55-59	GREGORY SARGENT	LAKE ST LOUIS	MO	00:25.1	2002
		60-64	BOB LIDA	WICHITA	KS	00:26.0	1998
		65-69	BOB LIDA	WICHITA	KS	00:25.6	2002
		70-74	BOB LIDA	WICHITA	KS	00:27.0	2006
		75-79	JACK DAVIDSON	AURORA	CO	00:30.1	1994

		80-84	ED CARTER	LOVELAND	CO	00:35.3	1999
		85-89	RALPH MAXWELL	RICHVILLE	MN	00:35.1	2004
		90+	RALPH MAXWELL	RICHVILLE	MN	00:40.6	2009
	FEMALE	50-54	KAY GLENN	HASTINGS	IA	00:30.2	2004
		55-59	MYRNA GUION	OSAWATOMIE	KS	00:35.7	1998
		60-64	EILEEN SCHMIDT	SHARON	KS	00:35.7	1998
		65-69	MARIAN SARGENT	BLUE SPRINGS	MO	00:35.7	2009
		70-74	LAVINA HAEFELE	LINDSBORG	KS	00:35.2	1995
		75-79	LAVINA HAEFELE	LINDSBORG	KS	00:38.4	1998
		80-84	LAVINA HAEFELE	LINDSBORG	KS	00:44.6	2004
		85-89	DOTTIE GRAY	SHREWSBURY	MO	0:01:05.75	2010
		90+	NO RECORD	-	-	-	-
400 METER RUN	MALE	50-54	JAMES FREUND	BLUE SPRINGS	MO	00:58.1	2005
		55-59	GREGORY SARGENT	LAKE ST LOUIS	MO	00:58.0	2002
		60-64	BOB LIDA	WICHITA	KS	01:00.8	1998
		65-69	BOB LIDA	WICHITA	KS	00:59.9	2004
		70-74	BOB LIDA	WICHITA	KS	01:04.1	2007
		75-79	GLENN DODY	COLORADO SPRINGS	CO	01:23.0	1998
		80-84	JACK GENTRY	ROGERS	AT	01:31.8	2008
		85-89	RUSSELL RANDALL	DENVER	CO	01:44.4	1994
		90+	NO RECORD	-	-	-	-
	FEMALE	50-54	CLAIRE OVERSTAKE	HILLSBORO	KS	01:19.2	2008
		55-59	BETTY TROUTMAN	WICHITA	KS	01:23.1	2006
		60-64	MYRNA GUION	OSAWATOMIE	KS	01:28.5	1999
		65-69	MARIAN SARGENT	BLUE SPRINGS	MO	01:29.9	2008
		70-74	CHAR LANE	TOPEKA	KS	01:43.0	2009
		75-79	MAXINE ANDERSON	LEONARDVILLE	KS	01:56.2	1998
		80-84	MAXINE ANDERSON	LEONARDVILLE	KS	02:40.7	2004
		85-89	DOTTIE GRAY	SHREWSBURY	MO	0:02:39.94	2010
		90+	NO RECORD	-	-	-	-
800 METER RUN	MALE	50-54	KEVIN MILLER	OLATHE	KS	02:08.8	2011
		55-59	TIM WIGGER	SHAWNEE	KS	02:18.5	2005
		60-64	PAUL HEITZMANN	EUDORA	KS	02:26.3	1992

		65-69	J ABELS	PAPILLION	NE	02:35.0	2009
		70-74	LEWIS MERRIMAN	OVERLAND PARK	KS	02:57.2	2008
		75-79	BILL PERCH	ATCHINSON	KS	03:19.8	2005
		80-84	JACK GENTRY	ROGERS	AR	03:35.7	2008
		85-89	RUBEN TAYLOR	OLATHE	KS	06:47.8	2010
		90+	NO RECORD	-	-	-	-
	FEMALE	50-54	EVIE DEITRICH	HOLTON	KS	03:13.8	2010
		55-59	BETTY TROUTMAN	WICHITA	KS	03:18.5	2006
		60-64	MYRNA GUION	OSAWATOMIE	KS	03:49.0	1999
		65-69	MARIAN SARGENT	BLUE SPINGS	MO	04:02.0	2009
		70-74	SHIRLEY SEMINOFF	WICHITA	KS	04:44.8	2010
		75-79	MARY EVA TAYLOR	OLATHE	KS	06:56.9	2006
		80-84	HAZEL HAWKS	KANSAS CITY	KS	07:14.6	1994
		85-89	DOTTIE GRAY	SHREWSBURY	MO	05:57.7	2010
		90+	NO RECORD	-	-	-	-
1500 METER RUN	MALE	50-54	KEVIN MILLER	OLATHE	KS	04:20.4	2011
		55-59	GAYLE VAN DURME	OVERLAND PARK	KS	04:54.8	2008
		60-64	PAUL HELTZMAN	EUDORA	KS	04:53.0	1992
		65-69	PAUL HELTZMAN	EUDORA	KS	05:11.8	1996
		70-74	WILLIAM BUNTEN	TOPEKA	KS	06:15.4	2002
		75-79	DARWIN MICHAUND	SALINA	KS	07:40.2	2002
		80-84	JACK GENTRY	ROGERS	AR	07:04.2	2008
		85-89	WILLIAM DYER	MISSION	KS	12:44.0	2002
		90+	NO RECORD	-	-	-	-
	FEMALE	50-54	DIANE WERNER	TOPEKA	KS	07:47.5	2011
		55-59	JOANIE STARKS	LARENCE	KS	07:00.4	2008
		60-64	MYRNA GUION	OSAWATOMIE	KS	07:35.2	1999
		65-69	LINDA ZOHNER	COUNCIL GROVE	KS	08:31.0	2009
		70-74	SHIRLEY SEMINOF	WICHITA	KS	08:48.3	2010
		75-79	MARY EVA TAYLOR	OLATHE	KS	12:15.0	2002
		80-84	MARY EVA TAYLOR	OLATHE	KS	15:22.9	2011
		85-89	DOTTIE GRAY	SHREWSBURY	MO	11:25.3	2010
		90+	NO RECORD	-	-	-	-

50 METER DASH (FUN EVENT)	MALE	50-54	BRUCE MASON	TOPEKA	KS	00:06.0	1997
		55-59	ROGER NYFELER	TOPEKA	KS	00:05.9	1997
		60-64	STAN GILEY	WICHITA	KS	00:06.4	1993
		65-69	CHARLES HEDGES	KANSAS CITY	MO	00:06.3	1997
		70-74	JACK HAEFELE	LINDSBORG	KS	00:06.9	1997
		75-79	ED CARTER	LOVELAND	CO	00:07.4	1997
		80-84	ED CARTER	LOVELAND	CO	00:08.4	2000
		85-89	JOHN HEDGES	EMPORIA	KS	00:21.2	1993
		90+	NO RECORD	-	-	-	-
	FEMALE	50-54	SHARON WILLIS	LIBERTY	MO	00:08.5	2010
		55-59	EILEEN SCHMIDT	SHARON	KS	00:07.4	1997
		60-64	EILEEN SCHMIDT	SHARON	KS	00:08.5	1998
		65-69	CHAR LANE	TOPEKA	KS	00:08.5	2007
		70-74	LAVINA HAEFELE	LINDSBORG	KS	00:07.6	1997
		75-79	LAVINA HAEFELE	LINDSBORG	KS	00:09.1	1998
		80-84	LAVINA HAEFELE	LINDSBORG	KS	00:09.6	2004
		85-89	VIOLA GUSTAFSON	HOLTON	KS	00:19.5	1995
		90+	NO RECORD	-	-	-	-