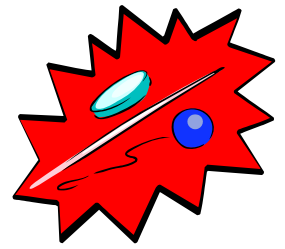




Kansas Senior Olympics Field Events



Saturday, September 26, 2009
Hummer Sports Park 530 Sports Park Drive
Tentative order of events / time schedule
(Subject to change)

All participants should review the schedule. No athlete will be permitted to compete once the event has ended. Check-in at field events is essential to ensure the opportunity to compete. There are 4 throws/jumps per athlete.

- ATHLETES WILL COMPETE IN THEIR OWN AGE GROUP BUT MAY BE COMBINED FOR COMPETITION.

Any athlete who alters the playing field will automatically be disqualified from all 2009 Kansas Senior Olympic events.

9:00 AM

TENTATIVE ORDER OF EVENTS
(Plan 30 Minutes per event)

CHECK IN AT
EACH EVENT
AS SCHEDULED

50+ Women*
50 - 54 Men
55 - 59 Men
60 - 64 Men
65 - 69 Men
70 - 74 Men
75 + Men

High Jump, Long Jump, Shot Put
Shot Put, Long Jump, High Jump
Shot Put, Long Jump, High Jump
Long Jump, Shot Put, High Jump
Long Jump, Shot Put, High Jump
High Jump, Long Jump, Shot Put
High Jump, Long Jump, Shot Put

High Jump
50+ Women
70+ Men
50 - 54 Men
55 - 59 Men
60 - 64 Men
65 - 69 Men

Long Jump
60 - 64 Men
65 - 69 Men
50 - 54 Men
55 - 59 Men
70+ Men
50+_Women

Shot Put
50 - 54 Men
55 - 59 Men
60 - 64 Men
65 - 69 Men
70 + Men
50 + Women

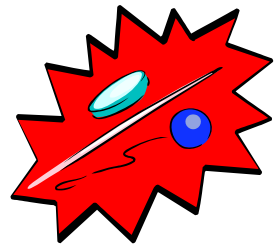
Triple Jump
Event to follow Long Jump. Pit(s) to be set by Games Committee. Must be completed prior to PM events.

Where possible, age groups might be combined

Fun Event: The Standing Long Jump will follow the last High Jump, Long Jump and Triple Jump Events. Athletes may be responsible for event administration.



1:00 PM TENTATIVE ORDER OF EVENTS



50+ Women*
50 – 54 Men
55 – 59 Men
60 – 64 Men
65 – 69 Men
70 – 74 Men
75+ Men

Javelin Discus
Discus Javelin
Discus Javelin
Javelin Discus
Javelin Discus
Discus Javelin
Discus Javelin

**CHECK IN AT
EACH EVENT AS
SCHEDULED**

DISCUS

50 – 54 Men
55 – 59 Men
70 - 74 Men
75+ Men
50+ Women
60 – 64 Men
65 – 69 Men

JAVELIN

50+ Women
60 – 64 Men
65 – 69 Men
50 – 54 Men
55 – 59 Men
70 – 74 Men
75 + Men

POLE VAULT (2:30pm)

50 + Women
50 – 54 Men
55 – 59 Men
60 – 64 Men
65 – 69 Men
70 – 74 Men
75+ Men

Following are the weights of the various implements to be used for each gender and age:

<u>Age Division(s)</u>	<u>Discus</u>	<u>Javelin</u>	<u>Shot Put</u>
Men 50-59	1.5kg	700g	6kg
Men 60-69	1.0kg	600g	5kg
Men 70-79	1.0kg	500g	4kg
Men 80+	1.0kg	400g	3kg
Women 50-59	1.0kg	500g	3kg
Women 60+	1.0kg	400g	3kg

“Any implements failing to meet weight requirements will not be thrown.”

Any athlete who alters the playing field will automatically be disqualified from all 2009 Kansas Senior Olympic events.

Please Listen for Announcements!!