



Participants may register for Central Park programs at the center by cash or check ONLY!
Participants may also register for Central Park and all other programs listed in the catalog by:

Phone: 368-3796

Fax: 368-3980

Mail/Walk-In: 620 SE Madison, 1st Floor, Topeka, KS 66607



Central Park Community Center Winter/Spring 2010 Classes & Programs Registration Log

Hours of Operation

| | |
|-------------------|----------------------|
| Monday - Thursday | 9am-8pm |
| Friday | 9am-11am; 2:30pm-6pm |
| Saturday | 12pm-4pm |
| Sunday | 12pm-4pm |

Holiday Closing:

January 1 – New Year's Day
January 18 - Martin Luther King , Jr
April 4 - Easter
May 9 - Mothers Day
May 31 - Memorial Day

Session Start Dates:

Session I January 4
Session II February 22
Session III April 12

Adult Sports & Fitness Programs

| <u>Program Name</u> | <u>Ages</u> | <u>Number of Classes</u> | <u>Class Codes</u> | <u>Program Dates</u> | <u>Program Days</u> | <u>Program Times</u> | <u>Topeka Res Fees</u> | <u>Non-Res Fees</u> | <u>Instructor Name</u> | <u>Page in Catalog</u> |
|--|-------------|--------------------------|--------------------|----------------------|---------------------|----------------------|------------------------|---------------------|------------------------|------------------------|
| Prime Time Basketball | 16+ | | | Ongoing | Tue | 6pm-8pm | \$3.00 | \$3.00 | | |
| Pilates (1st Session) | 13+ | 14-1hr | 4-10-036-32 | Jan 5 | Tue/Thur | 5:30-6:30pm | \$33.50 | \$41.75 | Friess | 7 |
| Pilates (2nd Session) | 13+ | 14-1hr | 4-10-037-32 | Feb 23 | Tue/Thur | 5:30-6:30pm | \$33.50 | \$41.75 | Friess | 7 |
| Pilates (3rd Session) | 13+ | 14-1hr | 4-10-038-32 | Apr 13 | Tue/Thur | 5:30-6:30pm | \$33.50 | \$41.75 | Friess | 7 |
| Advance Belly Dance (level 3) (1st Session) | 13+ | 7-1.5hr | 4-14-016-32 | Jan 7 | Thur | 5:45pm-7:15pm | \$70.00 | \$87.50 | Huraiva | 9 |
| Advance Belly Dance (level 3) (2nd Session) | 13+ | 7-1.5hr | 4-14-017-32 | Feb 25 | Thur | 5:45pm-7:15pm | \$70.00 | \$87.50 | Huraiva | 9 |
| Advance Belly Dance (level 3) (3rd Session) | 13+ | 7-1.5hr | 4-14-018-32 | Apr 15 | Thur | 5:45pm-7:15pm | \$70.00 | \$87.50 | Huraiva | 9 |
| Belly Dance Performance Preparation (level IV) (1 session) | 13+ | 7-1hr | 4-14-019-32 | Jan 7 | Thur | 730pm -830pm | \$28.00 | \$35.00 | Huraiva | 9 |
| Belly Dance Performance Preparation (level IV) (2 session) | 13+ | 7-1hr | 4-14-020-32 | Feb 25 | Thur | 730pm -830pm | \$28.00 | \$35.00 | Huraiva | 9 |
| Belly Dance Performance Preparation (level IV) (3 session) | 13+ | 7-1hr | 4-14-021-32 | Apr 15 | Thur | 730pm -830pm | \$28.00 | \$35.00 | Huraiva | 9 |
| Converstional Spanish I (session 1) | 13+ | 6-1hr | 4-26-029-32 | Jan 6 | Wed | 6:00-7:00pm | \$30.00 | \$37.50 | Reyes | 11 |
| Converstional Spanish I (session 2) | 13+ | 6-1hr | 4-26-030-32 | Feb 24 | Wed | 6:00-7:00pm | \$30.00 | \$37.50 | Reyes | 11 |
| Converstional Spanish I (session 3) | 13+ | 6-1hr | 4-26-031-32 | Apr 14 | Wed | 6:00-7:00pm | \$30.00 | \$37.50 | Reyes | 11 |
| Karate (session 1) | 7+ | 14-1hr | 4-10-048-32 | Jan 4 | Mon/Wed | 6:30-7:30pm | \$33.50 | \$41.75 | Bridges | 8 |
| Karate (session 2) | 7+ | 14-1hr | 4-10-049-32 | Feb 22 | Mon/Wed | 6:30-7:30pm | \$33.50 | \$41.75 | Bridges | 8 |
| Karate (session 3) | 7+ | 14-1hr | 4-10-050-32 | Apr 12 | Mon/Wed | 6:30-7:30pm | \$33.50 | \$41.75 | Bridges | 8 |
| Yuga Fusion (session 1) | 7+ | 14-1hr | 4-10-007-32 | Jan 5 | Tue/Thur | 10:00-11:00am | \$33.50 | \$41.75 | Truhe | 6 |
| Yoga Fusion (session 2) | 13+ | 14-1hr | 4-10-009-32 | 23-Feb | Tue/Thur | 10:00-11:00am | \$33.50 | \$41.75 | Truhe | 6 |
| Yoga Fusion (session 3) | 13+ | 14-1hr | 4-10-011-32 | 13-Apr | Tue/Thur | 10:00-11:00am | \$33.50 | \$41.75 | Truhe | 6 |
| Yoga Fusion (session 1) Saturday | 13+ | 7-1hr | 4-10-008-32 | 9-Jan | Sat | 9:00-10:00am | \$17.50 | \$21.75 | Truhe | 6 |
| Yoga Fusion (session 2) Saturday | 13+ | 7-1hr | 4-10-010-32 | 27-Feb | Sat | 9:00-10:00am | \$17.50 | \$21.75 | Truhe | 6 |

Adult Special Interest Programs

| <u>Program Name</u> | <u>Ages</u> | <u>Number of Classes</u> | <u>Class Codes</u> | <u>Program Dates</u> | <u>Program Days</u> | <u>Program Times</u> | <u>Topeka Res Fees</u> | <u>Non-Res Fees</u> | <u>Instructor Name</u> | <u>Page in Catalog</u> |
|--------------------------------------|-------------|--------------------------|--------------------|----------------------|---------------------|----------------------|------------------------|---------------------|------------------------|------------------------|
| Converstional Spanish II (session 1) | 13+ | 6-1hr | 4-26-034-32 | Jan 6 | Wed | 7:15-8:15pm | \$30.00 | \$37.50 | Reyes | 11 |
| Converstional Spanish II (session 2) | 13+ | 6-1hr | 4-26-035-32 | Feb 24 | Wed | 7:15-8:15pm | \$30.00 | \$37.50 | Reyes | 11 |
| Converstional Spanish II (session 3) | 13+ | 6-1hr | 4-26-036-32 | Apr 14 | Wed | 7:15-8:15pm | \$30.00 | \$37.50 | Reyes | 11 |
| Circuit Training (session 1) | 16+ | 14-1hr | 4-10-033-32 | Jan 4 | Mon/Wed | 6:00-7:00pm | \$33.50 | \$41.75 | Briggs | 7 |
| Circuit Training (session 2) | 16+ | 14-1hr | 4-10-034-32 | Feb 22 | Mon/Wed | 6:00-7:00pm | \$33.50 | \$41.75 | Briggs | 7 |
| Circuit Training (session 3) | 16+ | 14-1hr | 4-10-035-32 | Apr 12 | Mon/Wed | 6:00-7:00pm | \$33.50 | \$41.75 | Briggs | 7 |
| Self Defense | 13+ | 1-2hour | 4-26-025-32 | 16-Mar | Tues | 6:00-8:00pm | 20.00 | 25.00 | Bridges | 11 |

Youth Sports & Fitness Programs

| <u>Program Name</u> | <u>Ages</u> | <u>Number of Classes</u> | <u>Class Codes</u> | <u>Program Dates</u> | <u>Program Days</u> | <u>Program Times</u> | <u>Topeka Res Fees</u> | <u>Non-Res Fees</u> | <u>Instructor Name</u> | <u>Page in Catalog</u> |
|---------------------------------------|-------------|--------------------------|--------------------|----------------------|---------------------|----------------------|------------------------|---------------------|------------------------|------------------------|
| Air Tikes basketball Clinic | 4-5 | 4-45 min | 4-66-026-32 | Apr 24 | Sat | 10:00-11:00am | \$21.00 | \$26.25 | Briggs | 35 |
| Super Kickers | 4-5 | 4-45 min | 4-66-025-32 | Apr 24 | Sat | 11:00-12:00pm | \$21.00 | \$26.25 | Briggs | 35 |
| Saturday Night Jam | 5-12 | 1-3hr | | Feb 13 | Sat | 6:00-9:00pm | \$3.00 | \$3.00 | Staff | 30 |
| Saturday Night Jam | 5-12 | 1-3hrs | | Mar 13 | Sat | 6:00-9:00pm | \$3.00 | \$3.00 | Staff | 30 |
| Saturday Night Jam | 5-12 | 1-3hrs | | Apr 21 | Sat | 6:00-9:00pm | \$3.00 | \$3.00 | staff | 30 |
| You Clean, They Play | 5-12 | 1-4hr | 4-27-053-32 | Apr 24 | Sat | 12:00-4:00pm | \$5.00 | \$5.00 | Staff | 31 |
| Drop-In Wii Sports | 7+ | | Drop-in | Feb 13 | Sat | 9am-12pm | \$2.00 | \$2.00 | Staff | 31 |
| Drop-In Wii Sports | 7+ | | Drop-in | Mar 13 | Sat | 9am-12pm | \$2.00 | \$2.00 | Staff | 31 |
| Drop-In Wii Sports | 7+ | | Drop-in | Apr 10 | Sat | 9am-12pm | \$2.00 | \$2.00 | Staff | 31 |
| Teen D.R.E.A.M.S After School Program | 11-14. | on-going | | Aug 31 | Mon-Fri | 2.45pm-5:30pm | FREE | FREE | Staff | |
| Fairytales & Puppets | 3-5 | 1hr | 4-27-062-32 | Apr 1 | Thur | 10am-11:00am | \$12.00 | \$15.00 | Newton | 39 |
| Fairytales & Puppets | 3-5 | 1hr | 4-27-063-32 | Apr 15 | Thur | 10am-11:00am | \$12.00 | \$15.00 | Newton | 39 |
| Easter Egg Hunt | 1-10 | 3 hrs | | Apr 3 | Sat | 1:30 PM | FREE | FREE | Staff | 19 |
| Young Jackson Pollock's | 3-6 | 3-1hr | 4-23-026-32 | Feb 15 | Mon | 10:00-11:00am | \$15.00 | \$18.75 | Newton | 37 |

Senior Adults Programs 368-3798

Director

Becky Sewell

| <u>Program Name</u> | <u>Ages</u> | <u>Number of Classes</u> | <u>Class Codes</u> | <u>Program Dates</u> | <u>Program Days</u> | <u>Program Times</u> | <u>Topeka Res Fees</u> | <u>Non-Res Fees</u> | <u>Instructor Name</u> | <u>Page in Catalog</u> |
|---------------------------------------|-------------|--------------------------|----------------------|----------------------|---------------------|----------------------|------------------------|---------------------|------------------------|------------------------|
| Drop-In Seniorcise Session 1 (Jan 4) | 50+ | | Must register in | ongoing | Mon/Wed | 7:45am-8:45am | \$2.50 | | Brock | |
| Drop-In Seniorcise Session 2 (Feb 22) | 50+ | | Must register in | ongoing | Mon/Wed | 7:45am-8:45am | \$2.50 | | Brock | |
| Drop-In Seniorcise Session 3 (Apr 12) | 50+ | | Must register in | ongoing | Mon/Wed | 7:45am-8:45am | \$2.50 | | Brock | |
| Line Dancing Session 1 (Jan 6) | 50+ | | Senior Adults Office | ongoing | Wed | 1:00pm-2:00pm | \$14.00 | \$17.50 | Domme | |
| Line Dancing Session 2 (Feb 24) | 50+ | | Senior Adults Office | ongoing | Wed | 1:00pm-2:00pm | \$14.00 | \$17.50 | Domme | |
| Line Dancing Session 3 (Apr 14) | 50+ | | Senior Adults Office | ongoing | Wed | 1:00pm-2:00pm | \$14.00 | \$17.50 | Domme | |
| Bridge Lounge | 50+ | | Downstairs | ongoing | Tues. | 12:30pm-4:00pm | \$1.00 | | | |
| Senior Choir | 50+ | | at Central Park | ongoing | Fri | 9:30am-11:00am | Free | | Atteberry | |
| Drop-In Shuffleboard | 50+ | | Community Center | ongoing | Thur | 10:00am-12:00pm | \$2.00 | | | |

Athletics 368-3808

Director of Athletics / Adult SB

Bruce Andrews

Youth Sports

Nancy Sharples

Adult Volleyball / Concessions

Darren Tolin

Administrative Assistant

Josh Lehman