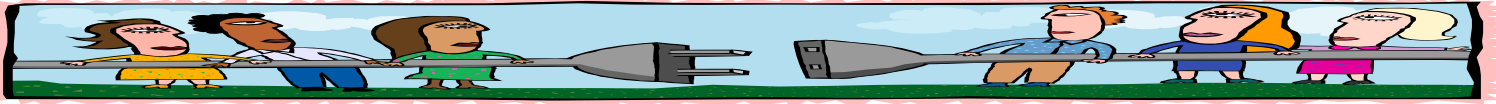


# Crestview Connection



September 2011

**Crestview  
Community Center**  
4801 SW Shunga Dr  
Topeka, Ks. 66614  
368-2448  
[www.topeka.org](http://www.topeka.org)

**Center Staff**

David Specht  
Nic Simons  
Colby, Samantha,  
Terry, Luke,  
Tiffany, Lakase,  
Daniel, Taylor,  
Jennilee, Ken

**CENTER HOURS**

**Monday-Thursday**  
9am-8pm

**Friday**

9-11am; 2:30-6pm

**Saturday**

9am-3pm

**Sunday**

12-3pm



## Adult Special Interest

Creating Sacred Space	Sept 8	6pm
Heal Yourself with EFT	Sept 12	6:30pm
Beginning Belly Dance	Sept 13	5:45pm
Intermediate Belly Dance	Sept 13	7pm
Aura Viewing	Sept 22	6pm
Heal Yourself with EFT	Sept 26	6:30pm

## Fitness Fun

Gentle Yoga	Sept 6	10am
Easy Does It Yoga	Sept 6	5:30pm
Step Aerobics	Sept 6	6pm
Gentle Yoga	Sept 7	10am
Noon Yoga	Sept 7	Noon
Toning	Sept 7	6pm
Zumba	Sept 7	7pm
Healthy You Yoga	Sept 9	10am
Weekend Yoga	Sept 10	8am



## Pre-School Activities

Little Athletes	Sept 7	Ages 4-5
Science and Me	Sept 7	Ages 3-5
Mini Soccer	Sept 9	Ages 3-5
Mini Tumbling	Sept 10	Ages 3-5
Pre-Ballet	Sept 10	Ages 3-5
Mini T-Ball	Sept 12	Ages 3-5
Princess Tea Party	Sept 17	Ages 3-6



## Dance Fever

Beg./Intermediate Country Line Dance	Sept 7	7:30pm
Swing Dance	Sept 8	6:30pm
Latin Dance	Sept 8	7:30pm