

Hours of Operation
 Mon – Thu 9am-8pm
 Fri 9am-11am/ 2:30pm-6pm
 Sat 9am-3pm
 Sun 12noon-3pm



Center Director
Roger Wilcox
 785-368-0101
Assistant Center Directors
Cheryl Newton
 785-368-0102

CENTRAL PARK COMMUNITY CENTER
PRESCHOOL ACTIVITIES (ages 3-5)

Adult Sport Activities

PILATES: (ages 16+)
5:30-6:30pm.

If your goal is to get toned up then this class is for you. Not only will you strengthen your muscles in this class but you will also notice improvement in your flexibility, posture and balance. Classes are on **Tuesdays and Thursdays** Fee: **\$43.75 (\$35 Topeka resident).**



AIR TIKES BASKETBALL CLINIC

(4-45 min. classes) boys and girls will have a great time learning the basic fundamentals of basketball. They will learn skills such as passing, dribbling, shooting, and some great stretching to get ready for some exciting basketball. Lace up your sneakers and get ready for some fun!
 Saturday, Apr 23 10am-10:45am
 Fee: \$25; \$20 Topeka resident

BELLY DANCE CLASSES: (ages 13+)
Advanced Belly Dance
5:45-7:15pm

Belly dance is a fun way to improve your overall fitness. Class topic covers gypsy fusion, double veil, advanced shimmies and layering techniques. (Required materials: hip scarf, finger cymbals).
Thursdays Fee: \$87.50 (\$70 Topeka resident)

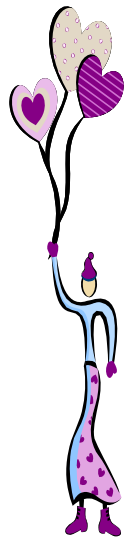
Easy Make & Take Valentine Cards

1-2hr session

Saturday Feb 5 - 10am-12noon

Thursday Feb 10 - 6-8pm

Fee: \$8.75, \$7 Topeka resident



RUN, JUMP, SCOOT & SCREAM

(2-2 hour Sessions) Come join us at Central Park Community Center on those days when the weather is just too cold to be outside or you want to take the kids on a special trip. We have tons of little toys, games, balls and books they can enjoy. Daycare providers and/or parents are responsible for the children during activity period.

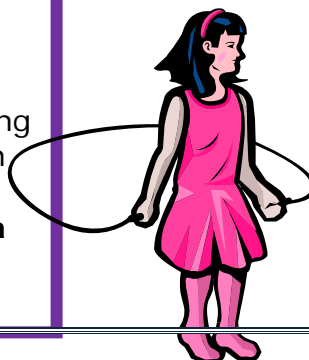
Mondays/Wednesdays

Jan 3/5, Feb 7/9, Mar 7/9, Apr 4/6
 and May 2/4

Fee: \$1.25; \$1 Topeka resident

SUPER KICKERS

(4-45 min. classes) Hey parents, are you tired of your child kicking the ball in the house? Bring your child to the Super Kickers class. In this class, your child will learn the basic rules of soccer. Key fundamentals taught will be kicking the ball, dribbling, and passing to each other.
 Saturday, Apr 23 11am – 11:45am
 Fee: \$25; \$20 Topeka resident



Belly Dance Performance
Preparation
7:15-8:15pm

We will work to expand our Tribal Improvisational vocabulary, costuming as well as many topics dealing with performance.
Thursday Fee: \$35 (\$28 Topeka Resident)



FUN

Winter/Spring 2011

SATURDAY NIGHT JAMS (ages 5-12)

Kids, are you ready for some fun? Join us for music, karaoke, video and computer games, arts and crafts, kickball, volleyball, basketball and more. Make new friends in a fun and safe environment. Snacks will be provided. All participants must be signed in and out by a parent/guardian. For more information, please call Central Park Community Center at 368-3796.



Adults Special Interest

Dust, Oil & Sew

11am-12:30pm

Pull out that sewing machine, Lets dust it off, oil it up and meet and join others who need encouragement to sew a beautiful items of your choice.

Saturday Fee: 37.50(30 Topeka residents)

2nd Annual Craft Festival

- Event held at beautiful Gage Park by Snyder Cabin
- Craft spaces 10' x 10' with a reservation Fee of \$50.
- All craft items must be handmade. For more information please contact Central Park Community Center at (785) 368-3796

Free Income Tax Assistance

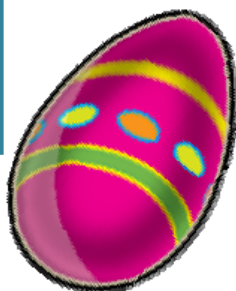
Feb 3 until Apr 16

To find a site near you, call Cindy Evans at 232-0062 or call Cheryl at Central Park 368-0102

Youth & Family

Easter Egg Hunt

April 23 (ages 1-10)
Saturday 1:30pm
Free



On-Going Programs

- Open Gym
- Families are welcome
- Saturday/Sunday 1-3pm
- (18+) \$1 - High school free with ID
- Primetime Basketball
- Tuesday 6-8pm
- (16+) \$2 -High School free with ID



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