

Central Park Community Center

Fall 2009

Center Director

Roger Wilcox

Assistant Center
Directors

Cheryl Newton

Donovan Briggs



Hours of Operation

M – Th 9am-8pm

Fri 9am-11am/
2:30pm-6pm

Sat Closed

Sun Closed



1534 SW Clay
Topeka, KS 66604

785.368.3796

www.topeka.org

Live...Learn...Play...

Dear Community

We want you to come and experience the wide variety of great classes and programs that Central Park Community Center and the Department of Parks and Recreation of Topeka has to offer. We believe that you will find something that fits your needs no matter what life stage you are going through. We offer fun classes to help you get in shape, learn new skills, enjoy life, and meet your goals.

Do you have a great idea for a fun class or program? We would love to hear from you. Feel free to contact us with any of your questions, comments, concerns and ideas.

Best regards,

Cheryl Newton
Program Director for Central Park Community Center
368-3796 / cnewton@topeka.org



BACK TO SCHOOL TEEN

JAM NIGHT. This is a special party for middle school students only. Kick off the school year right and dance into the night. "Rock your school colors," and show some school spirit. We will provide the music, snacks, and fun. Adult supervision will be provided by the Central Park Community Center Staff. For more information, please call us at 368-3796. **Please bring 2 canned goods for admission.**

SATURDAY NIGHT JAMS:

(ages 5-12) Parents, this is a fun, positive, and safe program for your child to enjoy activities with their peers on Sat. Oct. 17 and Sat. Nov. 21 from 6pm-9pm. Activities will include games, art, snacks, prizes, and more. We guarantee we will keep your child busy having fun. **Fee: \$3**



CENTRAL PARK COMMUNITY CENTER PRESCHOOL ACTIVITIES

(ages 3-5)

AIR TIKES BASKETBALL

CLINIC 4-45 min. classes. Boys and girls will have a great time learning the basic fundamentals of basketball. They will learn skills such as passing, dribbling, shooting, and some great stretching to get ready for some exciting basketball. Lace up your sneakers and get ready for some fun!

Starts Sat. Sept. 12 at 10am

SUPER KICKERS 4-45 min.

classes. Hey parents, are you tired of your child kicking the ball in the house? Bring your child to the Super Kickers class. In this class, your child will learn the basic rules of soccer. Key fundamentals taught will be kicking the ball, dribbling, and passing to each other.

Starts Sat. Sept. 12 at 11am

FAIRYTALES & PUPPETS 4-1

hour classes. Does your child have a curious mind and a creative spirit? This fun program will provide your little one with great activities, stories, crafts, and... puppets! Your child will enjoy learning about the wonderful world of reading while interacting with others and making puppets and other fun crafts. Each class will feature something new and exciting for your child to explore and learn.

Starts Thurs. Sept. 10 at 10am

YOUNG JACKSON

POLLOCK'S 3-1 hour classes.

Kids love to do crafts and get messy and this is the perfect class. All of the fun and none of the clean up (please wear old clothing). Masterpieces from shaving cream art, finger painting with Jello, and bubble painting.

Starts Mon. Sept. 21 at 10am

PRIME TIME BASKETBALL

This popular program is for basketball players 16 and older. YOU MUST SHOW AN ID FOR ENTRY. Cost is \$3 for adults and free for high school students who have their high school ID.

This is an on-going program on Tuesday nights from 6-8 pm.



MARTIAL ARTS CLASSES

KARATE

This Karate program will improve mental and physical coordination, poise, flexibility, and strength. For ages 7 and older. Classes are on Mondays and Wednesdays from 6:30-7:30 pm.

SELF-DEFENSE

This 2 hour workshop on December 8th will introduce the fundamentals of self-defense to students in middle school, high school, and adults. Our instructor has over 30 years of experience teaching martial arts classes.

29th ANNUAL KARATE SPECTACULAR

"Open Tournament", brown belt and below. Competition in forms, fighting, and weapons. Kata and Kumite divisions. Trophies will be awarded in each division for 1st, 2nd, and 3rd places. Entry fee is \$20, spectator fee \$3 for adults and \$2 for youth.

Registration starts at 9am on the day of the event, Saturday, December 5. Competition starts at 11am.

2nd ANNUAL CHILI & CORNBREAD COOKOFF

Come join us at this Central Park Community Center fall celebration! Enjoy a wide variety of entertainment, shop for arts & crafts at the booths, and bring your appetite for some good ole chili. If you are looking to show off your chili prowess, this is the perfect activity for you. Cost is \$35 per chili team and **pre-registration is required by October 2**. Call Cheryl at 368-3796 for more info.

EXCLUSIVELY FOR TEENS!!!

Scrapbook Journal

Bring your pictures and learn the art of scrap booking and journaling while making new friends. This will be a great opportunity to design that very unique holiday gift. Class will consist of 2-2 1/2 hour classes on Monday, Dec. 14 and Monday, Dec. 21 at 5:00 pm.

Ages 12-17 \$35.00

Kansas College Tour

It's never too early to start thinking about your future. This program will give you the opportunity to tour two college campuses. We will leave Central Park Community Center on Thursday, Oct 29 at 8am for the University of Kansas and return at 3pm. Then, on Friday, Oct 30 we will visit Kansas State University once again leaving at 8am and returning at 3pm.

Ages 13-18 \$12.00

Teen Halloween Party

This is a special party for middle school students only. Wear a costume and you could walk away with the best costume prize. We will provide the music, snacks, and fun! So come join us from 8-10pm on Saturday, Oct. 31.

Middle School Students Only! \$3.00

ADULT CLASSES: (age's 13-adult)

Spanish in the Workplace	Wed.	6:00-7:00pm
Advanced Conversational Spanish	Wed.	7:15-8:15pm
Advanced Belly Dance	Wed.	5:45-7:15pm
Belly Dance Performance Troupe	Wed.	7:30-8:30pm
Pilates	Tue. & Thur.	5:30-6:30pm

All classes start the week of September 7.



YOUTH CONNECTIONS:

Gifts from Art

Are you looking for something unique to give your friends and family this holiday season? This 2 hour workshop is just for you. We will make a variety of fun, decorative gifts. **MUST PRE-REGISTER AT LEAST ONE WEEK IN ADVANCE.** Workshop will be held at 10 am on Saturday, Nov. 7. Ages 7-14 \$15.00

Holiday Break Fun Zone Camp

Each day will be filled with fun games, sports, arts and crafts, and field trips. The doors will open at 7:30am and all youth must be picked up by 5:30pm. Ages 6-11 \$18.00 per day

You Shop, They Play!

Need to finish your holiday shopping but you don't have anyone to watch the kids? We have the perfect activity for you! Drop your children off on Saturday, Dec 12 from 1-5pm for a fun filled day. Staff will supervise and interact with the children doing arts and crafts, games in the gym, pool, and ping pong. We will end the afternoon with a holiday themed movie and popcorn. Ages 6-12 \$5.00

Do you have a special talent you would like to share with others? Sharing your special skills could provide a rewarding experience and a little extra spending money.

We are looking for individuals to instruct classes throughout the city. Times and days are flexible. 4 to 8 weeks, 2 to 3 days per week, 1 to 2 hours per day.

Must have good knowledge of areas you are teaching and the ability to effectively communicate both orally and in writing. A knowledge of first Aid/CPR is a plus.

Please contact Cheryl, Donovan, or Roger
Central Park Community Center: 785-368-3796